

careerindex360© helps people to manage their own careers better, and to think through and focus on areas that need to be addressed before making a decision on a career change.

It enables organisations to provide support and offer guidance.

It helps individuals know when they are ready for a career move.

**How 'ready' are you
to make a career move**

**How 'willing' are you
to make a career move**



**How 'able' are you
to make a career move**

**Should you 'stay' in
your organisation or
'go' to another**

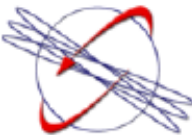
Developed in 2004 and piloted with an experienced career coach who coaches a number of people for whom career change is the goal, but where all too often they have no idea where they want to go or what they want to do.

When to use it

- To help people to manage their own careers better.
- To enable managers to facilitate effective discussions with staff about their career, helping them to think through and focus on areas that need to be addressed before making a decision on any career change.
- To provide career coaches with a structure and focus when initial discussions take place with their clients.

Example of the Questionnaire

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careerindex360©
The Questionnaire

The 56 'statements' in the Questionnaire are simple and direct, focusing on the key issues affecting a person's career

01. My career has been a steady upward progression
Disagree 1 2 3 4 5 6 7 Agree

02. I know what I want to be doing when I reach the end of my career
Disagree 1 2 3 4 5 6 7 Agree

03. My family and friends think I have a successful career
Disagree 1 2 3 4 5 6 7 Agree

04. My manager appreciates the contribution I make and is supportive
Disagree 1 2 3 4 5 6 7 Agree

05. I am achieving an acceptable work/life balance
Disagree 1 2 3 4 5 6 7 Agree

Example of report

